



## ***TRUSTED LASIK SURGEONS***

[www.TrustedLASIKSurgeons.com](http://www.TrustedLASIKSurgeons.com)

(800) 483-8028

## **Bilateral Simultaneous LASIK: Risks and Complications**

No surgery is without risks and possible complications. LASIK, like any eye surgery, is no exception. We believe patients can minimize these risks by selecting a [highly qualified LASIK Surgeon](#) to perform their laser eye surgery.

### **Are you considering having LASIK performed on Both Eyes at the Same Time?**

If you are considering this (also known as Bilateral Simultaneous LASIK), there are additional risks and complications you should understand. Trusted LASIK Surgeons strongly urges you to review the example provided below of an Informed Consent Form, which describes the added risks and complications of operating on both eyes at the same time in addition to the standard risks and complications for LASIK.

In conjunction with the below consent, please also review either or both of the following discussions on LASIK and IntraLASIK or LASIK using the IntraLase™:

#### **[LASIK Risk and Complications](#)**

#### **[IntraLase™ and LASIK Risks and Complications](#)**

The consent your surgeon uses may be different than this example but we believe this consent covers the main risks.

## **Informed Consent for Bilateral Simultaneous LASIK (Sample)**

LASIK has become a common procedure for many refractive surgery patients. While many patients choose to have both eyes treated at the same surgical setting, there may be risks associated with simultaneous treatment that are not present when the eyes are treated on different days. **If you elect to have surgery performed on both eyes at the same time, you should understand both the possible advantages and disadvantages of your decision.**

**Safety:** The risks of infection, severe inflammation, delayed clouding of the cornea, corneal scarring and internal bleeding or retinal damage are very rare but potentially devastating. If these complications occur in one eye, they may also occur in the other. Should any of these complications happen, you could experience significant loss of vision or even temporary or permanent legal blindness. By choosing to have LASIK performed on separate days, you avoid the risk of having one or more of these complications in both eyes at the same time.

**Accuracy:** If there is an over-correction or under-correction in one eye, chances are it may happen in both eyes. If a retreatment is required in one eye, it is quite possible that your fellow eye may also



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require a retreatment. By having surgery on separate days, the doctor can monitor the healing process and visual recovery in the first eye and may be able to make appropriate modifications to the treatment plan for the second eye. In some patients, this might improve the accuracy of the result in the second eye. By correcting both eyes simultaneously, there is no opportunity to learn from the healing patterns of the first eye before treating the second eye.

**Visual Recovery:** Most LASIK patients experience rapid visual recovery, but some may experience symptoms such as blurred vision, night glare or ghost images that can result in prolonged recovery of normal vision. Blurred vision may rarely continue for several weeks, which could make driving difficult or dangerous and could interfere with your ability to work if it occurs in both eyes. There is no way of predicting how long your eyes will take to heal. If the eyes are operated separately, you can generally function with the fellow eye while the first eye fully recovers. However, there may be a period of imbalance in vision between your two eyes, producing a form of double vision. If you are able to wear a contact lens in your un-operated eye, the corrective lens could minimize this imbalance. The balance in vision between your two eyes will usually be restored more rapidly if they are operated on the same day.

The healing corneal flap is most susceptible to trauma during the first several weeks after surgery. Should both flaps become accidentally displaced, significant visual loss in both eyes may result.

**Satisfaction:** Both eyes tend to experience similar side effects. If you experience undesirable side effects such as glare, ghost images, increased light sensitivity, or corneal haze in one eye, you will likely experience them in both eyes. These side effects may cause a decrease in vision or other negative effects, and some patients have elected to not have their second eye treated. By having each eye treated on separate dates, you will have the opportunity to determine whether the LASIK procedure has produced satisfactory visual results without loss of vision or other uncommon undesirable side effects. If you are over age 40, you will also have an opportunity to experience the change in your close vision that results from the correction of your nearsightedness or farsightedness. This could influence your decision on whether or not to fully correct your other eye to maintain some degree of close vision without the need for glasses (monovision).

**Convenience:** It may be inconvenient for you to have each eye treated at separate visits because it would necessitate two periods of recovery from the laser surgery and might require additional time away from work.

**Cost:** Professional and facility fees may be greater if the eyes are operated on different days, and the additional time off work that may also be needed can be costly.

#### **Consent Statement:**

"I have read and understand the above risks and benefits of bilateral simultaneous LASIK, and I understand that this summary does not include every possible risk, benefit and complication that can result from bilateral simultaneous LASIK. My doctor has answered all of my questions about the LASIK procedure. I wish to have both of my eyes treated during the same treatment session if my doctor determines that the treatment in the first eye appeared to be technically satisfactory.



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### **Bilateral Simultaneous LASIK: Risks and Complications**

The reason(s) I wish to have both eyes treated at the same time are:

- Greater convenience
- Possible faster recovery
- Less time away from work
- Contact lens intolerance and/or difficulty wearing contacts
- Elimination of possible vision imbalance between treated and untreated eyes
  
- Other:

Patient signature

Date

Witness

Date

-----End of Form-----

**Management of LASIK Complications.** Nearly all of the LASIK surgeons profiled in the Trusted LASIK Surgeons Directory regularly manage and treat complications and problems from laser eye surgery originally performed by another surgeon. All surgeons profiled in our LASIK directory are screened by Trusted LASIK Surgeons to ensure only highly qualified surgeons with proven professional experience and accomplishments.

#### **Looking for a Highly Qualified LASIK Surgeon?**

Trusted LASIK Surgeons is committed to help you find a highly qualified LASIK Surgeons by screening all surgeons profiled in our LASIK directory, one who will properly diagnose you and provide the highest standards of vision care. To learn more about our screening process, please visit [How Are Surgeons Qualified at Trusted LASIK Surgeons?](#)

To find a LASIK surgeon in your local area, please visit the [Trusted LASIK Surgeons Directory](#).