

This changed my life forever.....

I started having anxiety symptoms during my senior year in high school during the last two weeks of marching band season. I spent endless doctor appointments trying to figure out what was going on with me. I never experienced anything like this before and my anxiety was started to affect my daily life tremendously. I was no longer able to drive because I was always dizzy. I quit hanging out with friends and doing the fun things a teenager would like to do. After many months of feeling like this and getting no where, my mom switched doctors. We started to see Dr. Kreilein who did not want to put me on medication right away for my anxiety but to find out the root of what was causing all this to happen. I can't be more thankful for Kreilein. Not many doctors truly care about their patients enough. She ended up recommending me go to see Dr. Joan Bauernfiend. I always struggled in school with reading and I was not able to comprehend unless I read out loud to myself or my mom read to me. I was always the kid who barely passed ISTEP, so the teachers were not very concerned. After doing eye therapy my anxiety problems were completely fixed and my life was back to normal again. I was able to drive, hangout with friends, and not worry about everything all the time. Let alone, doing this eye therapy make a huge difference as I was starting college. I believe my success in college is because of Dr. Joan Bauernfiend and doing the eye therapy. I appreciate Dr. Kreilein and Dr. Joan Bauernfiend for helping me through the difficult year in my life. Thanks Again!

- Theresia Goeppner