



FAMILYVISIONCARE

## FAQ—Multifocal Contact Lenses

### 1. What are multifocal contact lenses?

*Multifocal contact lenses contain prescriptions for both your distance and near vision. They are meant for people who need bifocals (different prescriptions for distance and near).*

### 2. How do they work?

*Unlike bifocal or progressive (no-line bifocal) eyeglass lenses, you don't have to look through the lower part of the lens to read. Both distance and near images are focused on the back of your eye at the same time. Your brain learns to pay attention to the appropriate image, depending on what you are doing at the time.*

*That's why it can take time for you to get used to multifocal contact lenses. It takes time for your brain to adapt to them.*

### 3. Are multifocal contact lenses better for me than eyeglasses?

*One thing to remember is that once you need a bifocal prescription, there are no eyeglasses or contact lenses that work for every task, 100% of the time. We can help you find the solution that is best for your needs.*

### 4. Why does one eye see better far away, and the other eye sees better up close?

*In order for you to be able to see well at all distances, one eye is weighted more towards distance vision, and the other eye is weighted more towards near vision. What's most important is how well you see using both eyes together.*

### 5. What if I just can't adapt to them?

*The fitting process for multifocal contact lenses can take time. Several appointments may be needed for us to fine tune the prescription. Sometimes a change in lens brand is needed, since different brands have their own unique design. Sometimes we'll try another option, such as monovision or contact lenses for distance vision used with reading glasses for near tasks.*