



MAY IS Ultraviolet (UV) Awareness Month

UV rays can damage your eyes and increase your risk of cataracts and cancers of the eye, especially if you are a high-risk patient. UV protection with sunglasses is recommended for everyone, not only those that work outside, and can be preventive. Sunglasses should be 100% UV-absorbent for UVA and UVB or be labeled UV400. Be extra cautious for children especially in mid-day and when sun is reflected off the water, snow or ice. Visit our office and check out our selection, and keep in mind that virtually any pair of frames can be made into sunglasses!



Celebrating over 75 years as the leader in polarized lens technology, Polaroid Polarized Sunglasses provide a unique combination of technical performance and design at a great price. Features include clean lines, bold shapes, sturdy frames, Unique Ultrasight™ polarized lenses, Thermofusion™ technology for truer, glare-free vision and 100% UV400 protection

	Average Annual Cost	Average Daily Cost
Cable TV	\$1,800.00	\$4.93
Cell Phone	\$1,200.00	\$3.29
Coffee	\$500.00	\$1.37
Lunch	\$2,600.00	\$7.12



Frame Cost - Example 1	\$200.00	\$0.55
Frame Cost - Example 2	\$300.00	\$0.82
Frame Cost - Example 3	\$400.00	\$1.10
Single Vision Lenses	\$70.00	\$0.19
Bi-Focal Lenses	\$110.00	\$0.30
Progressive Lenses	\$300.00	\$0.82
Anti-Glare Treatment	\$100.00	\$0.27
Transitions Treatment	\$105.00	\$0.29

These numbers do not include any insurance coverages or office discounts. When you consider how much is spent on average for everyday items, the cost to keep your eyes healthy and happy may surprise you!

Speak with one of our experienced opticians about your options, your eyes will thank you.