

# Eye Check on Campus

See what these 3 senior consultant optometrists offer to our university community here at NUS.



Courtesy of IGARD Group Singapore

## Optometrists specialize

in Vision and Basic Eye Health. They generally see people who simply want to get their eyes checked but doesn't need surgery.

Apart from prescribing glasses and contacts, they will assess your **Visual Health** by checking your retina and eye pressures. If you wear contact lenses, they will also put you through a **Corneal Health Assessment** to ensure that they are fitting well on your eyes. From **IGARD Group**, they are:



**Andy Teo** holds a Master degree in Clinical Optometry from the Pennsylvania College of Optometry in the USA.

**Yap Tiong Peng** received his optometry training in Manchester. He holds a UMIST Honours degree and a Master degree in Engineering and Physical Sciences in Medicine from Imperial College, London.

He was formerly a research fellow at Alexandra Hospital and a lecturer at Singapore Polytechnic and the University of Manchester, U.K.



**Rachel Kelly** was trained in Glasgow (Scotland) and she completed her Master degree in Clinical Optometry at City University, London. She has many years of experience including the world renowned Moorfield's Eye Hospital in London, U.K.

## See clearly without glasses, contacts or surgery

Do you suffer from myopia? You know you can't live without your eyeglasses or contact lenses, because you're almost as blind as a bat without them. And don't you miss seeing the world naturally with your very own two eyes? Well, now you can – it is called **Orthokeratology Refractive Therapy** and it is great for sports too!

While undergoing the treatment, specially customized retainers are used to reshape the cornea and that enables you to see without glasses or contact lenses. "This therapy works while you sleep, enabling you to see clearly without wearing spectacles or contact lenses during the day," explained **Rachel Kelly**.

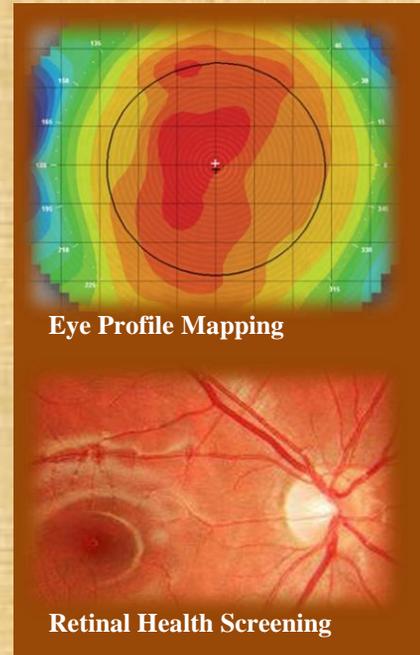
"The treatment is fully reversible and helps to control your myopia", says **Andy Teo** and the therapy can be applied to both children and adult who wants freedom from wearing glasses.

## Wavefront Technology

"Your eyes are as unique as your fingerprint", says **Yap Tiong Peng** as he explained the use of the latest wavefront technology in optometry.

**IGARD Centre** in Orchard Road is amongst the first in Asia to offer the most advanced ocular aberrometry and corneal topography combined with a scientifically-proven proprietary technology from **Carl Zeiss™**.

"In this way, your eye's unique profile can instantly mapped out to create lenses that are perfect for you to see the world as best as you can". Further information can be found on this website [www.igard.com.sg](http://www.igard.com.sg).



## Free Trial for Students

From now till the end of the year, students can claim a pair of contact lenses free-of-charge thanks to the sponsorship by international contact lens giant Johnson & Johnson™ and IGARD™. You can now claim the contacts when you visit them for your eye check-up. At the same time, you can take advantage of their exclusive student rates for glasses, contacts and eye checks.

Many students have already benefited from the discounts and their professional services. Their clinic is tucked in the corner at the **University Health Centre** in NUS and they operate strictly by appointment. You can call them at **67323233** (or **SMS 90256677**) email [eyecentre@igard.com.sg](mailto:eyecentre@igard.com.sg) Besides NUS, they also have branches at Orchard and NTU. ■